



2016-2017  
**Annual Report**



a message from CEO  
Karen Rutledge

My job never gets boring. Every day I have opportunities to influence, coordinate, create, collaborate, engage, connect and inspire... all towards our vision of a community that accepts all people.

My pride of Shangri-La and our mission is abundant! As CEO, I have seen firsthand how lives can be transformed and goals achieved through the caring, capable support of our employees.

As this report shows, Shangri-La has achieved a lot this year. It took the energy and talent of each person at Shangri-La to enable this success. Furthermore, I am grateful for the support of our Board of Directors and management team who have assisted me in leading the organization strategically and compassionately. My confidence in the future has never been higher!

*Karen Rutledge*



# lives impacted

program  
service  
numbers

## 2,738

Parents with  
barriers to  
self-sufficiency

- 287 at-risk families received stabilization supports to prevent child welfare intervention.
- 2,267 parents received life and job skills training to overcome barriers to employment.
- 184 teen parents received support to obtain their high school diploma or GED.

## 460

People with intellectual/  
developmental  
disabilities

- 178 people received daily living supports.
- 46 people were employed at sheltered workshops and 121 job seekers with disabilities received community employment supports.
- 77 individuals participated in a life enrichment day program.
- 38 homeless individuals/families with disabilities received housing assistance.

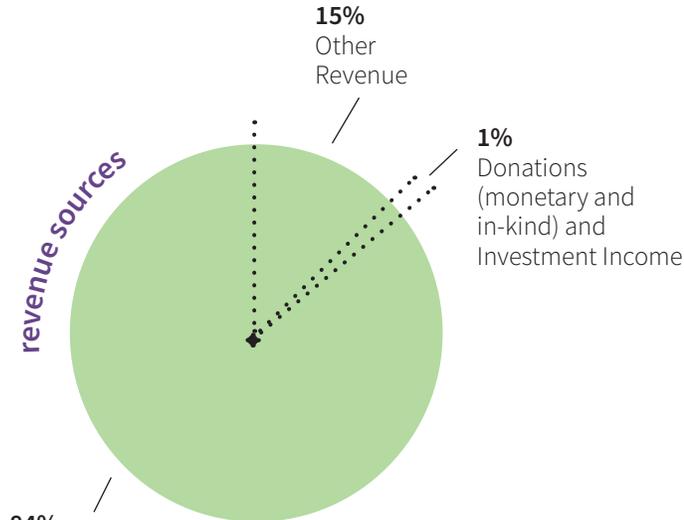
## 224

Individuals with  
chronic  
mental illness

- 125 people received recovery supports at a Shangri-La residential treatment home.
- 69 individuals received recovery supports in their own home.
- 30 people received rental assistance to obtain affordable housing.

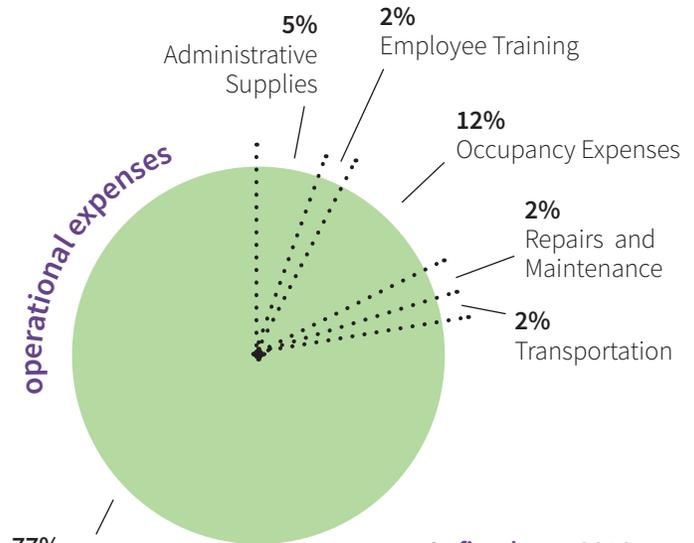
# financial picture

revenue and expenses overview



**84%**  
Program Revenue  
*Grant funding is included in program revenue.*

**In fiscal year 2016-2017, Shangri-La sustained monthly revenues at or above \$2 million.**



**77%**  
Wages and Benefits  
*During FY 2016-2017, Shangri-La employed 626 people.*

**In fiscal year 2016-2017, Shangri-La sustained monthly operating expenses at or below revenues.**

# forward movement

program  
success  
highlights

## ***Community Employment Milestones***

In fiscal year 2016-2017, Shangri-La's Community Employment Services Program helped 23 job seekers with disabilities become employed in community jobs. Furthermore, 10 individuals with community jobs celebrated their one-year employment anniversary. Pictured at right: Becca celebrates her one-year anniversary at the Lincoln Beach Chester's Thriftway.

## ***Outpatient Mental Health Clinic***

In June, Shangri-La opened an outpatient mental health clinic in Salem and Eugene to meet the increasing need for mental health assessments, treatment planning, counseling, peer supports and behavioral consultations. Services are offered in an office or community-setting and through tele-medicine. Since opening, the clinic has served 41 of individuals.



**“Congratulations to Becca on her 1-year anniversary with Chester's! Becca has been faithfully helping us keep our store looking good and always with a smile! We really appreciate the awesome job she does.”**

*Chester's Thriftway Facebook Post 7/26/17*



### ***Giving Back, Building Skills***

Participants with disabilities in Shangri-La's Life Enrichment Activities Program volunteered regularly with nine local non-profit organizations. Pictured above: Joe rings a bell at one of the Salvation Army's red kettle bell stations at the Salem Center Mall during the holidays.



### ***Home Sweet Homes***

Shangri-La opened two new group homes for people with disabilities. Pictured above: Tyler stands in front of his new home -- Friendship House -- in Salem. Grant funds also enabled Shangri-La to purchase two additional duplexes in Eugene which will provide independent living opportunities to people with mental illness.



### ***Raising the Wage***

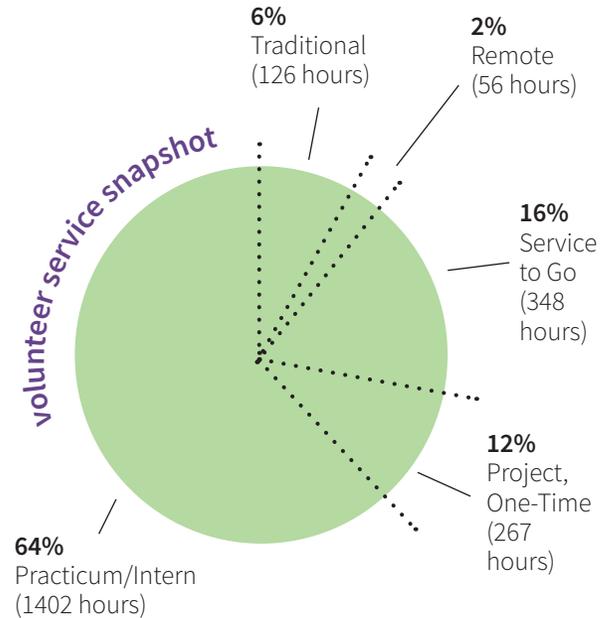
Legislative advocacy efforts by Shangri-La employees and providers from around the state resulted in a 5% I/DD services budget increase. Shangri-La used the increase to raise wages for Direct Support Professionals. Pictured above: A group of employees and persons-served participate in an advocacy day at the State Capitol.

# better together

community  
engagement  
activities

## Highlights

- Held the first annual Better Together Luncheon and Capital City Cornhole Classic fundraisers which collectively raised over \$25,000.
- Engaged 274 donors (67% which were new donors) in making 656 contributions.
- 159 volunteers contributed 2,199 hours of service to enhance Shangri-La's mission.
- Launched new volunteer opportunities that allow volunteers to engage in service from across the globe.
- Fulfilled 66 individual and 75 family holiday gift wishes through the Holiday Wishes Project.



**“I volunteer because the world is a big, messy place and I want to know that I am doing what I can to make it a better, kinder and fairer place.”**

- Volunteer Diana from South Carolina

# giving back

helping create  
inclusive  
communities

## Highlights

- Hosted the fourth annual Accessible Egg Hunt for people of all ages and abilities.
- Participated in the Blue Ribbon Campaign to raise awareness about Child Abuse Prevention.
- Hosted the second annual, inclusive community wiffle ball game in Newport.
- Hosted National Night Out parties at Shangri-La homes to help create safe and welcoming neighborhoods.



# investments at work

donor  
fueled  
impact

All of Shangri-la's existing, 100% donation-supported funds saw contributions double that of the previous fiscal year. Furthermore, an additional fund -- the 100 Wishes Fund -- was created and supported through donations.

## As a result, Shangri-La was able to:

- Respond to 15 requests for medical, transportation and personal care assistance.
- Fully-stock personal care item cabinets at three Youth and Family Services sites to help stabilize local families.
- Provide assistance for 43 educational, cultural or community access opportunities.
- Help 12 parents move towards economic stability for their family by completing their GED.
- Make progress on a home repair and beautification project that will see improvements made to 27 Shangri-La homes.
- Fulfill 77 immediate, one-time needs.

Jan Kral  
Legacy  
Scholarship Fund

**\$6,283**

Educational, cultural  
and community  
access opportunities

*Total monetary  
and in-kind  
contributions in  
FY 16-17.*

Harms  
Family Fund

**\$16,845**

Home  
beautification  
and repair

Louise's  
Shoe Assistance  
Fund

**\$11,802**

Medical, transportation  
and personal care  
assistance



**NEW**

100 Wishes  
Fund

**\$7,125**

Unique, one-time  
opportunities and  
needs

*Pictured above: Kathleen, Amber and  
Crystal went on their first camping  
trip this summer. Funds for the trip  
were provided by the Jan Kral Legacy  
Scholarship Fund.*

## “Life is beautiful and promising for the first time in my life.”

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Being a single mother and high school dropout has been holding me back for years. Every minute of every day used to have me on edge waiting for the shoe to drop; to get evicted, fired, lose everything again. I was not living, I was surviving.

With my GED, I plan on going to school to become a vet tech so I can work on getting off of state assistance. Once I am financially stable, I will be going back to school to get my business degree.

I am going to continue getting education and building myself up so I have a strong foundation to raise my children right and comfortable. Life is beautiful and promising for the first time in my life.

I am no longer fearing for tomorrow. I go to bed excited for the next day, no longer worried about losing my paycheck-to-paycheck job and being homeless with my children. I know I can become the woman and mother I was destined to be.”

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*Written by RM. RM was the recipient of GED assistance through the Jan Kral Scholarship Fund. She wrote this letter to Shangri-La just after she passed her first GED exam.*



## Give

Simply put, we are better together. Connect with us to learn about how you can support current needs or invest in the future.

VISIT: [www.ShangrilaOregon.org](http://www.ShangrilaOregon.org)  
EMAIL: [community@shangrila-or.org](mailto:community@shangrila-or.org)  
CALL: 1-503-581-1732, x328  
MAIL: Shangri-La  
Attn: CET  
4080 Reed Road SE #150  
Salem, Oregon 97302



## Activate

Mobilize your social networks to help create communities where all people are accepted for their abilities.



[facebook.com/shangrilacorp](https://facebook.com/shangrilacorp)



[@shangrilaoregon](https://@shangrilaoregon)



[youtube.com/user/shangrilacorp](https://youtube.com/user/shangrilacorp)



## Join

From over 100 locations throughout the mid-Willamette Valley and central Oregon coast, Shangri-La employees and volunteers enrich thousands of lives each year. View current career and volunteer opportunities on the Shangri-La website.



[www.ShangrilaOregon.org](http://www.ShangrilaOregon.org)

## Board of Directors

President: Ross Stout, Director of Campus Safety at Willamette University

Secretary/Treasurer: Nicole Titus, Owner of IpseNault, Co.

### *Members*

Lowell Herr, Retired Teacher

Jan Frank, Co-Owner of West Salem Ace Hardware

Nick Bender, Project Manager at Bonneville Power Administration

Dan Gilmour, Owner of Dan Gilmour Construction

LeeAnne Gilmour, Business Citizens Bank Development Officer

Chad Kerlegan, Marketing Director at ServPro of West Salem

Britni Davidson-Cruickshank, Customer Service Supervisor at Salem Electric

Winifred Ju, Licensed Clinical Psychologist